

Kit Contents			
Description	Part No	Pcs	
Tie-rap	00231-01	2	
Screw M8x25	05404-14	2	
Screw M6x30	05404-07	2	
Washer	00153-04	4	
Nut	00430-02	2	
Bracket	01165-17	1	
Sticker set Öhlins		1	
Owners manual	07241-02	1	
road & track			

Note!

Please note that there can be small differences between your product and the images in these instructions.

Note!

Please note that during storage and transport, especially at high ambient temperature, some of the oil and grease used for assembly may leak and stain the packaging. This will not cause damage to the product, wipe off the excessive oil or grease with a cloth.

Note!

Before you install this product, check the kit contents. If anything is missing, please contact an Öhlins dealer.

Before you install this product, read the Öhlins Owner's manual. This product is an important part of the vehicle and the vehicle stability.

Shock absorber for Yamaha MT-09



Mounting Instructions



MOUNTING INSTRUCTIONS

We strongly recommend to let an Öhlins dealer install this product.

If you work with a lifted vehicle, make sure that it is safely supported to prevent it from tipping over.

Note!

When you work with this product, see the vehicle service manual for vehicle specific procedures and important data.

Note!

Before you install this product clean the vehicle.

1

Put the motorcycle on a work stand so that the rear wheel barely touches the ground.

2

Remove the lower attachment screw for the rear suspension linkage rods.

3

Remove the front shock absorber attachment screw.

4

Push the shock absorber slightly towards the front to get access to the rear attachment screw.

5

Remove the rear shock absorber attachment screw at the shock-link and remove the original shock absorber.

6

Install the shock absorber with the valve down, hose on the left side led towards the back of the vehicle (see figure). Install the rear shock absorber attachment first.

7

Install the front shock absorber attachment screw and the linkage rods.

Note!

Lower the vehicle so that the suspension is slightly compressed before you tighten the screws.

8

Remove the left passenger foot peg. Mount the supplied bracket between the foot peg and the frame (see figure). Use the supplied M8x25 bolts (05404-14).

9

Install the pre-load adjuster according to the figure. Use the supplied M6x30 screws (05404-07), washers (00153-04) and nuts (00430-02). Apply thread lock on the thread.

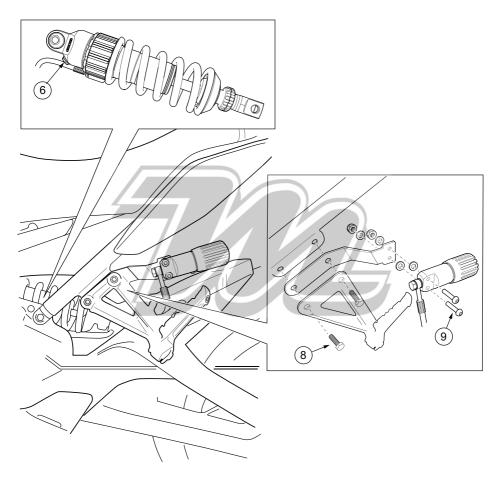
10

Fasten the hose with the supplied cable ties. Make sure that the hose runs without sharp bends and that the hose is not squeezed when the rear suspension is compressed or extended.

Caution!

Make sure that you tighten all screws to the correct torque and that nothing fouls or restricts movement of the shock absorber/front fork/ steering damper when the suspension is fully compressed or extended.

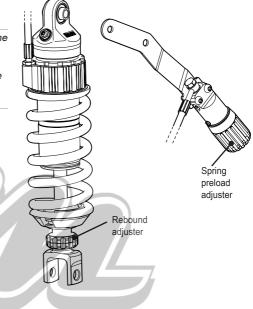
MOUNTING INSTRUCTIONS



ADJUSTMENTS



Before you ride/drive, always make sure that the setup is according to the recommended setup data. Read about adjustments and setting up in the Öhlins Owner's Manual before you make any adjustments. Contact an Öhlins dealer if you have any questions about setting up.



SETUP DATA

Length	329	mm
Stroke	65	mm
Rebound	14	clicks
Spring preload	14	mm
Spring	01092-31	
Spring rate	95	N/mm
Spring free length	170	mm

Recommended free sag and ride height			
R1-R2	10	mm	
R1-R3	38	mm	
F1-F2 (std spring)	24	mm	
F1-F3	38	mm	

Öhlins products are subject to continuous improvement and development, therefore, although these instructions include the most up-to-date information available at the time of printing, minor updates may occur.

To find the latest information contact an Öhlins distributor. Please contact Öhlins if you have any questions regarding the contents in this document.

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