

**Setup data**

Shock absorber length	300 mm
Shock absorber stroke	65.5 mm
Spring pre-load	11 mm
Rebound damping adjuster	14 clicks
Compression damping adj.	10 clicks

**Checking sag and ride height**

**Front suspension**

- F1. Bike on a stand with the suspension fully extended = .....
- F2. Bike on the ground without rider = .....
- F3. Bike on the ground with rider = .....

**Free sag**                      F1 - F2 = .....

**Ride height**                    F1 - F3 = .....

**Rear suspension**

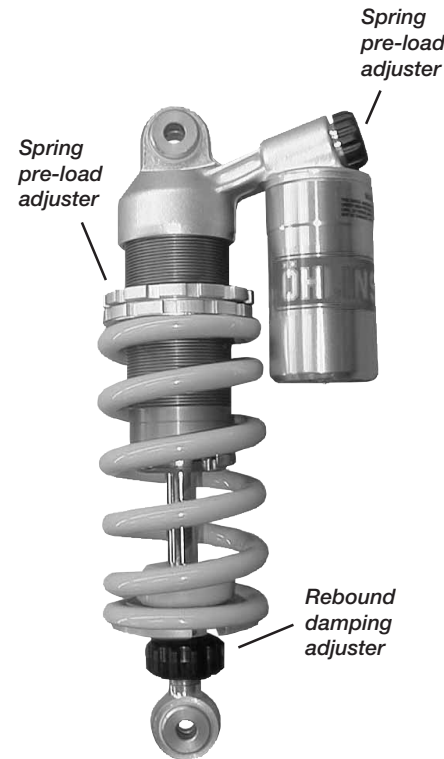
- R1. Bike on a stand with the suspension fully extended = .....
- R2. Bike on the ground without rider = .....
- R3. Bike on the ground with rider = .....

**Free sag**                      R1 - R2 = .....

**Ride height**                    R1 - R3 = .....

# Mounting Instructions

Öhlins shock absorber kit YA 348  
for Yamaha R1 2004



**Öhlins shock absorber 46 PRC**

Your Öhlins shock absorber type 46 PRC features the following adjusters:

**Compression damping adjuster**

Adjustments are made on top of the reservoir.

**Rebound damping adjuster**

Adjuster wheel on the piston shaft above the end bracket.

**Spring pre-load adjuster**

Adjustments are made by turning the rings on the shock absorber body. Clockwise for harder adjustment, counter clockwise to release the pre-load.

**NOTE!**

When delivered the Öhlins shock absorber is dialed to recommended settings for the specific brand and make of the motorcycle. If you have changed the settings, check like this:

The adjusters have a normal right hand tread. Turn the damping adjusters clockwise to fully closed (pos. zero [0]). Turn counter clockwise to open and count the clicks until you reach the recommended number of clicks. See Setup data at page 4.

**CAUTION!**

Do not use too much force, delicate sealing surfaces can be damaged.



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## Safety Signals

Important information concerning safety is distinguished in this manual by the following notations:



**The Safety alert symbol means:  
Caution! Your safety is involved.**

### WARNING!

**Failure to follow warning instructions could result in severe or fatal injury to anyone working with, inspecting or using the suspension, or to bystanders.**

### CAUTION!

**Caution indicates that special precautions must be taken to avoid damage to the suspension.**

### NOTE!

**This indicates information that is of importance with regard to procedures.**

## Before Installation

Öhlins Racing AB can not be held responsible for any damage whatsoever to shock absorber or vehicle, or injury to persons, if the instructions for fitting and maintenance are not followed exactly.

Similarly, the warranty will become null and void if the instructions are not adhered to.

### WARNING!

**1. Installing a shock absorber, that is not approved by the vehicle manufacturer, may affect the stability of your vehicle. Öhlins Racing AB cannot be held responsible for any personal injury or damage whatsoever that may occur after fitting the shock absorber. Contact an Öhlins dealer or other qualified person for advice.**

**2. Please study and make certain that you fully understand all the mounting instructions and the owners manuals before handling this shock absorber kit. If you have any questions regarding proper installation procedures, contact an Öhlins dealer or other qualified person.**

**3. The vehicle service manual must be referred to when installing the Öhlins shock absorber**

Öhlins products are subject to continual improvement and development. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions with regard to the contents of the manual.

### NOTE!

**During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.**

## Kit Contents

Before installing the shock absorber, please check the contents of the kit, listed on the front page of this instruction. If anything is missing, contact your Öhlins dealer.

Description	Pcs.	Part No.
Shock absorber 46 PRC	1	YA 348
C-spanner	1	00710-02
Sticker memo notes	1	01180-01
Sticker Öhlins	2	00192-01
Owners manual	1	

## Mounting Instructions

### 1

Put the motorcycle on a stand so that the rear wheel is off the ground.

### WARNING!

1. It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber.
2. Instructions in the vehicle service manual are to be followed when changing the shock absorber.
3. When working on a lifted vehicle it must be securely supported to prevent it from falling.

### 2

Remove the lower and upper shock mounting bolts.

### 3

Remove the bolts from the triangle link.

### 4

Remove the shock absorber downwards. Put the Öhlins shock in place in reverse order.

### 5

Mount the upper and lower mounting bolts and refit the triangle link.

### NOTE!

**Make sure that all bolts are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is being fully compressed or extended.**

### 6

Continue your work according to the Owners manual, section adjustments.

### WARNING!

**The shock absorber is provided with a separate type reservoir filled with high-pressure nitrogen gas. To prevent danger of explosion, study and make certain that you fully understand the following information before handling the shock absorber. The manufacturer cannot be held responsible for damage to property or personal injury that may result from improper handling.**

1. Never tamper with or attempt to disassemble the cylinder or the reservoir.
2. Never expose the shock absorber to an open flame or other excessive heat. The shock absorber may otherwise explode due to too high pressure.
3. Be careful not to damage any part of the gas reservoir. A damaged gas reservoir will impair the damping performance or cause malfunction.
4. Take care not to scratch the contact surface of the piston rod of the cylinder; oil could otherwise leak out.
5. Never attempt to remove the plug at the bottom of the nitrogen gas reservoir. Any attempt to remove the plug implies serious danger.
6. When scrapping the shock absorber, follow the instructions for disposal.