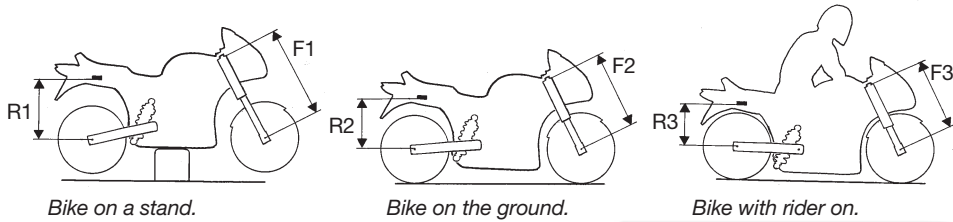


Mounting Instructions

Öhlins shock absorber kit
TR for Triumph Speed Triple

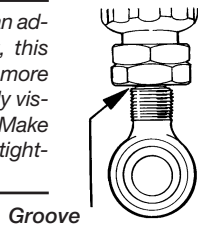


Setup data

Shock absorber length	371 (+12/-0) mm
Shock absorber stroke	61 mm
Spring pre-load	15 mm
Rebound damping adjuster	16 clicks
Compression damping adjuster	10 clicks

WARNING!

If the shock absorber has an adjustable end eye/bracket, this must not be threaded out more than that one groove is fully visible beneath the lock nut. Make sure that the lock nut is tightened after adjustment.



Groove

Checking sag and ride height

Front suspension

- F1. Bike on a stand with the suspension fully extended =
- F2. Bike on the ground without rider =
- F3. Bike on the ground with rider =

Free sag $F1 - F2 = \dots\dots\dots$

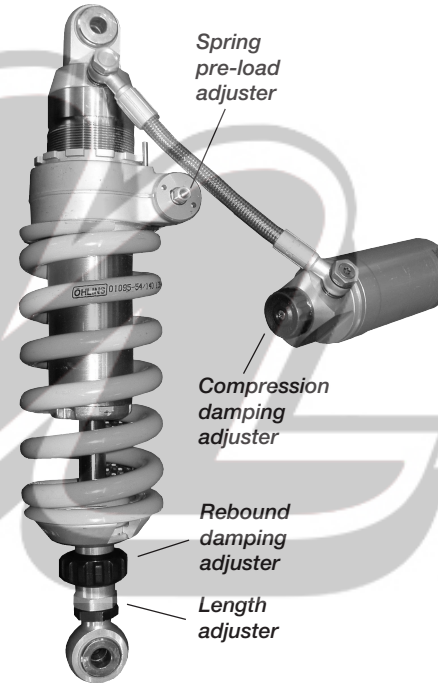
Ride height $F1 - F3 = \dots\dots\dots$

Rear suspension

- R1. Bike on a stand with the suspension fully extended =
- R2. Bike on the ground without rider =
- R3. Bike on the ground with rider =

Free sag $R1 - R2 = \dots\dots\dots$

Ride height $R1 - R3 = \dots\dots\dots$



Öhlins shock absorber 46 HRCLB

Your Öhlins shock absorber type 46 HRCLB features the following adjusters:

Compression damping adjuster

Adjustments are made on top of the reservoir.

Rebound damping adjuster

Adjuster wheel on the piston shaft above the end bracket.

Spring pre-load adjuster

Adjustments are made by turning the screw on the hydraulic adjuster. Clockwise for harder adjustment, counter clockwise to release the pre-load.

Length adjuster

Adjustment is made by turning the end eye and tightening with the lock nut.

NOTE!

When delivered the Öhlins shock absorber is dialed to recommended settings for the specific brand and make of the vehicle. If you have changed the settings, check like this:

The adjusters have a normal right hand thread. Turn the damping adjusters clockwise to fully closed (pos. zero [0]). Turn counter clockwise to open and count the clicks until you reach the recommended number of clicks. See Setup data at last page.

CAUTION!

Do not use too much force, delicate sealing surfaces can be damaged.



Öhlins Racing AB, Box 722, S-194 27 Upplands Väsby, Sweden.
Phone +46 8 590 025 00. Fax +46 8 590 025 80.
www.ohlins.com

Part No. TR 502. Issued 05 05 09

© Öhlins Racing AB. All rights reserved. Any reprinting or unauthorized use without the written permission of Öhlins Racing AB is prohibited. Printed in Sweden.



Safety signals

Important information concerning safety is distinguished in this manual by the following notations:



**The Safety alert symbol means:
Caution! Your safety is involved.**

WARNING!

Failure to follow warning instructions could result in severe or fatal injury to anyone working with, inspecting or using the suspension, or to bystanders.

CAUTION!

Caution indicates that special precautions must be taken to avoid damage to the suspension.

NOTE!

This indicates information that is of importance with regard to procedures.

Before installation

Öhlins Racing AB can not be held responsible for any damage whatsoever to shock absorber or vehicle, or injury to persons, if the instructions for fitting and maintenance are not followed exactly.

Similarly, the warranty will become null and void if the instructions are not adhered to.

WARNING!

1. Installing a shock absorber, that is not approved by the vehicle manufacturer, may affect the stability of your vehicle. Öhlins Racing AB cannot be held responsible for any personal injury or damage whatsoever that may occur after fitting the shock absorber. Contact an Öhlins dealer or other qualified person for advice.

2. Please study and make certain that you fully understand all the mounting instructions and the owners manuals before handling this shock absorber kit. If you have any questions regarding proper installation procedures, contact an Öhlins dealer or other qualified person.

3. The vehicle service manual must be referred to when installing the Öhlins shock absorber

Öhlins products are subject to continual improvement and development. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions with regard to the contents of the manual.

NOTE!

During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.

Kit contents

Before installing the shock absorber, please check the contents of the kit. If anything is missing, contact your Öhlins dealer.

Description	Pcs.	Part No.
Shock absorber 46 HRCLB	1	TR 502
Hose clamp	2	00643-02
Rubber mount	2	00230-03
Sticker memo notes	1	01180-01
Sticker Öhlins	2	00192-01
Owners manual	1	

Mounting instructions

1

Put the motorcycle on a stand so the rear wheel is clear of the ground. The swing arm must be free, so the suspension is unloaded. Make sure it's steadily fixed so it will not fall over.

WARNING!

1. It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber.
2. Instructions in the vehicle service manual are to be followed when changing the shock absorber.
3. When working on a lifted vehicle it must be securely supported to prevent it from falling.

2

Remove the seat.

3

Remove the hose clamp holding the external reservoir of the original shock absorber.

NOTE!

If the screw of the hose clamp not is accessible the fuel tank has to be removed.

4

Loosen the shock absorber, first from the lower then from the upper bracket

5

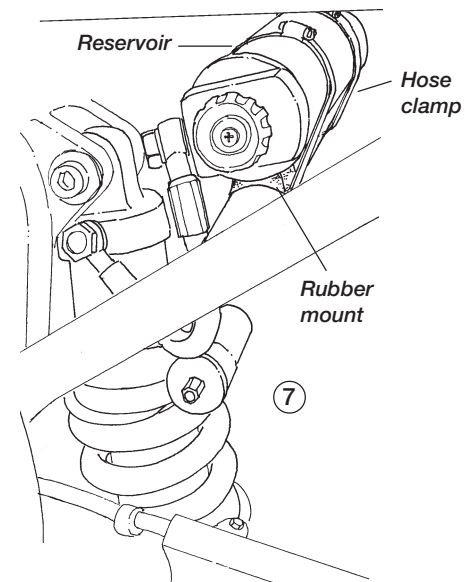
Take the shock absorber out downwards and let the hose and reservoir follow.

6

Fit the Öhlins shock absorber in reverse order, first the upper attachment then the lower one.

7

Fit the reservoir to the cross member behind the shock absorber. Use hose clamps (643-01) and rubber mounts (230-03) provided.



NOTE!

Make sure that the hose makes soft turns and not will bend or twist.

8

Refit the fuel tank (if necessary) and the seat.

NOTE!

Make sure that all bolts are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is being fully compressed or extended.

9

Continue your work according to the Owners Manual, section Adjustments.