



*Before installing this product, check the contents of the kit. If anything is missing, please contact your nearest Öhlins dealer.*

**Kit Contents**

	Part No.	Pcs.
Shock Absorber	HO944	1
Tool preload adj.	03199-03	1
Öhlins Sticker	00192-01	2
Owner's Manual	07241-02	1

*Please note that during storage and transportation, especially at high ambient temperature, some of the oil and grease used for assembling may leak and stain the packaging. This is in no way detrimental to the product, wipe off the excessive oil/grease with a cloth.*

**⚠ Warning!**

*Before installing this product, read the Öhlins Owner's Manual. The shock absorber is an important part of your vehicle and may affect the stability of your vehicle.*

**Shock Absorber for Honda VTR/ VTR250**

# HO 944

## Mounting Instructions



# How to install

## **⚠ Warning!**

*It is advisable to have an Öhlins dealer install the shock absorbers.*

*When installing, consult your Vehicle Service Manual.*

## **👁 Note!**

*Before installing the Öhlins shock absorbers clean the vehicle thoroughly.*

**1**

Put the motorcycle on a workstand so that the rear wheel barely touches the ground.

## **⚠ Warning!**

*Make sure the vehicle is securely supported so that it will not tip.*

**2**

Remove the original shock absorbers. See your vehicle manual.

**3**

Install the Öhlins shock absorbers in the same position as the original shock absorbers.

## **👁 Note!**

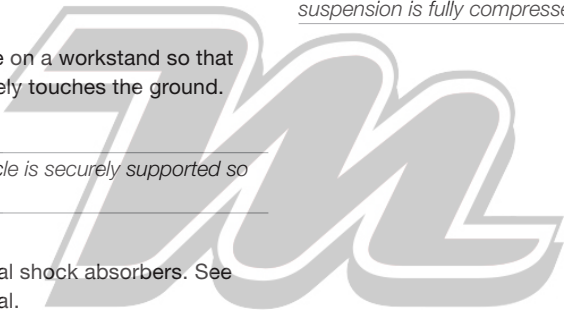
*Lower the motorcycle so that the shock absorber is slightly compressed, before tightening the screws.*

**4**

Make sure that all removed parts are reinstalled in the same way as they were before the installation of the Öhlins shock absorbers.

## **👁 Caution!**

*Make sure that all screws are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is fully compressed or extended.*





# Adjustments

## ⚠ Warning!

Before riding, always make sure that the basic settings made by Öhlins are according to recommended Set-up Data. Read about adjustments and setting up in the Öhlins Owner's Manual before you make any adjustments. Contact an Öhlins dealer if you have any questions about setting up the shock absorber.

## Spring Preload

Use the tool provided in this kit. Turn the threaded ring on the shock absorber body. Turn clockwise for harder adjustment, turn counter clockwise to release the spring preload.

Spring Preload Adjuster



# Set-up Data

## Recommended set-up

Spring Preload     3.5 mm

## Shock Absorber Data

Length                295 mm  
Stroke                48 mm

👁 Öhlins products are subject to continuous improvement and development, therefore, although these instructions include the most up-to-date information available at the time of printing, minor updates may occur.

To find the latest information contact your Öhlins distributor. Please consult your Öhlins dealer if you have any questions regarding the contents in this document.

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