

### Setup data

Shock absorber length 365 (+8/-2) m Shock absorber stroke 94 mm Spring pre-load 20 mm Rebound damping adjuster 12 clicks Compression damping adjuster 2 clicks

# A WARNING!

If the shock absorber has an adjustable end eye/bracket, this must not be treaded out more than that one groove is fully visible beneath the lock nut. Make sure that the lock nut is tightened after adjustment.

Groove

	Checking say and nue height			
nm	Front suspension F1. Bike on a stand with the suspension fully extended	ed	=	
	F2. Bike on the ground with	<u>out</u> rider	=	
	F3. Bike on the ground with	rider	=	
	Free sag	F1 - F2	! =	
	Ride height	F1 - F3	=	
	Rear suspension R1. Bike on a stand with the suspension fully extended =			
	R2. Bike on the ground <u>without</u> rider =			
	R3. Bike on the ground <u>with</u> rider =			
	Free sag	R1 - R2	! =	
	Ride height	R1 - R3		
	NOTEL			

Checking sag and ride height

#### NOTE!

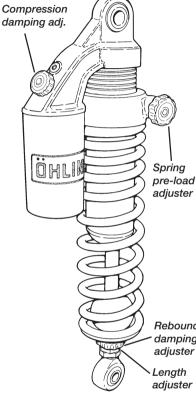
If ride height is higher than recommended, softer spring/springs must be used. If ride height is lower than recommended, harder spring/springs must be used. Contact your Öhlins dealer for advice.



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# **Mounting Instructions**

Öhlins shock absorber kit HO 150 for Honda CB 1300



## Öhlins shock absorber 36 PRCLB

Your Öhlins shock absorber type 36 PRCLB features the following adjusters:

#### Compression damping adjuster

Adjustments are made with the wheel on top of the reservoir. The adjustments are made in four (4) steps.

#### Rebound damping adjuster

Adjuster wheel on the piston shaft above the end bracket.

#### Spring pre-load adjuster

Adjustments are made by turning the knob on the hydraulic adjuster. Clockwise for harder adjustment, counter clockwise to release the pre-load.

#### Length adjuster

Adjustment is made by turning the end eye and tightening with the lock nut.

#### NOTE!

When delivered the Öhlins shock absorber is dialed to recommended settings for the specific brand and make of the motorcycle. If you have changed the settings, check like this:

The adjusters have a normal right hand tread. Turn the damping adjusters clockwise to fully closed (pos. zero [0]). Turn counter clockwise to open and count the clicks until you reach the recommended number of clicks. See Setup data at page 4.

## CAUTION!

Do not use too much force, delicate sealing surfaces can be damaged.

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Part No. HO 150. Issued 04 04 01

Rebound damping adiuster

## Safety Signals

Important information concerning safety is distinguished in this manual by the following notations:

# A

The Safety alert symbol means: Caution! Your safety is involved.

## A WARNING!

Failure to follow warning instructions could result in **severe or fatal injury** to anyone working with, inspecting or using the suspension, or to bystanders.

### CAUTION!

Caution indicates that special precautions must be taken to avoid damage to the suspension.

#### NOTE!

This indicates information that is of importance with regard to procedures.

## **Before Installation**

Öhlins Racing AB can not be held responsible for any damage whatsoever to shock absorber or vehicle, or injury to persons, if the instructions for fitting and maintenance are not followed exactly. Similarly, the warranty will become null and void if the instructions are not adhered to.

# A WARNING!

1. Installing a shock absorber, that is not approved by the vehicle manufacturer, may affect the stability of your vehicle. Öhlins Racing AB cannot be held responsible for any personal injury or damage whatsoever that may occur after fitting the shock absorber. Contact an Öhlins dealer or other qualified person for advice.

2. Please study and make certain that you fully understand all the mounting instructions and the owners manuals before handling this shock absorber kit. If you have any questions regarding proper installation procedures, contact an Öhlins dealer or other qualified person.

3. The vehicle service manual must be referred to when installing the Öhlins shock absorber

Öhlins products are subject to continual improvement and development. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions with regard to the contents of the manual.

#### NOTE!

During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.

### Kit Contents

Before installing the shock absorber, please check the contents of the kit, listed on the front page of this instruction. If anything is missing, contact your Öhlins dealer.

Description	Pcs.	Part No.
Shock absorber 36PRCLB	2	HO 150
Sticker Öhlins	2	00192-01
Owners manual	1	

## **Mounting Instructions**

## 1

Put the motorcycle on a stand so the rear wheel is clear of ground. Make sure it's steadily fixed so it will not fall over.

# A WARNING!

 It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber.
Instructions in the vehicle service manual are to be followed when changing the shock

to be followed when changing the shock absorber.

3. When working on a lifted vehicle it must be securely supported to prevent it from falling.

## 2

Loosen and remove the standard shock absorbers. See the motorcycle's Workshop maual.

#### 3

Fit the Öhlins shock absorbers in the same position as the standard shock absorber.

#### NOTE!

The shock absorber should be mounted with the cylinder head upward and the reservoir back-wards.

## NOTE!

Make sure that all bolts are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is being fully compressed or extended.

## 4

Continue your work according to the Owners Manual, section Adjustments.

