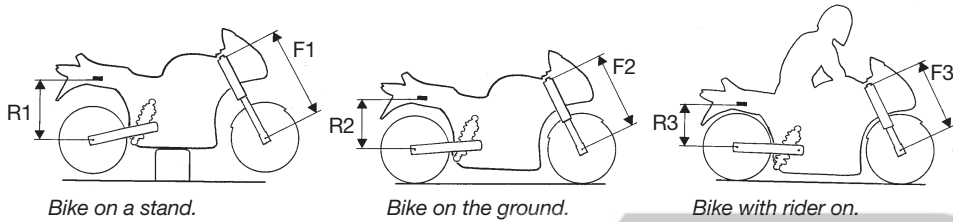


Owners Manual

Mounting instructions Öhlins shock absorber kit HO 111 for Honda



Setup data

| | |
|------------------------|-----------|
| Shock absorber length | 306 mm |
| Shock absorber stroke | 57 mm |
| Spring preload | 8 mm |
| Rebound adjustment | 10 clicks |
| Compression adjustment | 8 clicks |

Checking sag and ride height

Front suspension

F1. Bike on a stand with the suspension fully extended =

F2. Bike on the ground without rider =

F3. Bike on the ground with rider =

Free sag F1 - F2 =

Ride height F1 - F3 =

Rear suspension

R1. Bike on a stand with the suspension fully extended =

R2. Bike on the ground without rider =

R3. Bike on the ground with rider =

Free sag R1 - R2 =

Ride height R1 - R3 =

NOTE!

*If ride height is higher than recommended,
softer spring/springs must be used.
If ride height is lower than recommended,
harder spring/springs must be used.
Contact your Öhlins dealer for advice.*



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Part No. HO 111. Issued 02 01 08

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Safety signals

Important information concerning safety is distinguished in this manual by the following notations:



*The Safety alert symbol means:
Caution! Your safety is involved.*

WARNING!

Failure to follow warning instructions could result in severe or fatal injury to anyone working with, inspecting or using the suspension, or to bystanders.

CAUTION!

Caution indicates that special precautions must be taken to avoid damage to the suspension.

NOTE!

This indicates information that is of importance with regard to procedures.

Before installation

Öhlins Racing AB can not be held responsible for any damage whatsoever to shock absorber or vehicle, or injury to persons, if the instructions for fitting and maintenance are not followed exactly.

Similarly, the warranty will become null and void if the instructions are not adhered to.

WARNING!

1. Installing a shock absorber, that is not approved by the vehicle manufacturer, may affect the stability of your vehicle. Öhlins Racing AB cannot be held responsible for any personal injury or damage whatsoever that may occur after fitting the shock absorber. Contact an Öhlins dealer or other qualified person for advice.

2. Please study and make certain that you fully understand all the mounting instructions and the owners manuals before handling this shock absorber kit. If you have any questions regarding proper installation procedures, contact an Öhlins dealer or other qualified person.

3. The vehicle service manual must be referred to when installing the Öhlins shock absorber

Öhlins products are subject to continual improvement and development. Consequently, although these instructions include the most up-to-date information available at the time of printing, there may be minor differences between your suspension and this manual. Please consult your Öhlins dealer if you have any questions with regard to the contents of the manual.

NOTE!

During storage and transportation, especially at high ambient temperature, the oil and grease used for assembling may run out inside the packing and damage the expanded polystyrene packing material. This is not unusual and is in no way detrimental to the shock absorber.

Kit contents

Before installing the shock absorber, please check the contents of the kit, listed on the front page of this instruction. If anything is missing, contact your Öhlins dealer.

| Description | Pcs. | Part No. |
|--------------------|------|----------|
| Shock absorber | 1 | HO 111 |
| Bolt | 1 | 00429-15 |
| Nut | 1 | 00430-01 |
| C-spanner | 1 | 00710-02 |
| Sticker Öhlins | 2 | 00192-01 |
| Sticker memo notes | 1 | 01180-01 |
| Owners manual | 1 | |

Mounting Instructions

1

Put the motorcycle on a stand so the rear wheel is clear of the ground. Make sure it's steadily fixed so it will not fall over.

WARNING!

- 1. It's advisable to have an Öhlins dealer or other qualified person to fit your shock absorber.*
- 2. Instructions in the vehicle service manual are to be followed when changing the shock absorber.*
- 3. When working on a lifted vehicle it must be securely supported to prevent it from falling.*

2

Remove side covers and seat.

3

Remove links from swingarm and frame. Be aware that when you remove this bolts, the wheel will fall.

4

Remove upper shock absorber bolt.

5

Turn triangular link backwards and remove lower shock absorber bolt.

6

Remove stock shock absorber backwards and out on the right side.

7

Mounting the Öhlin shock absorber from right side with gas reservoir to the left side.

8

Mount lower shock absorber bracket to the triangular link and tighten the bolt.

9

Turn triangular link forward and mount upper shock absorber bolt. Mount the links to swingarm and frame. Make sure that all bolts are tightened.

10

Mount the links to swingarm and frame. Make sure that all bolts are tightened.

11

Mount seat and side covers.

NOTE!

Make sure that all bolts are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber when the suspension is being fully compressed or extended.